	LHAME AENTARY SCHOOL	BRA DISTRICT			Choose MyPlate gov
	MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
BREAKFAST			WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK CHICKEN AND WAFFLES	HOMEMADE BANANA MUFFIN FRUIT ASSORTMENT JUICE MILK CHICKEN DRUMSTICK	EGG AND CHEESE ON ENGLISH MUFFIN FRUIT ASSORTMENT JUICE MILK CHEESE PIZZA OR
SNACK			POTATO WEDGES DICED PEACHES MILK FROSTED MINI WHEATS CEREAL	PASTA SALAD CUCUMBER COINS APPLE SLICES MILK FRESH APPLE	PORK PEPPERONI PIZZA ITALIAN GARDEN SALAD HOWDY BAR MANGO FRUIT FREEZE AND MILK BANANA
	Ca Some company	SM- In all Call DS	MILK (WHITE VARIETY) DAY 2	MILK (WHITE VARIETY) DAY 3	MILK (WHITE VARIETY) DAY 4
	6 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	7 BREAKFAST EGG AND CHEESE TAC-GO FRUIT ASSORTMENT JUICE MILK	8 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	9 HOMEMADE ZUCCHINI MUFFIN FRUIT ASSORTMENT JUICE MILK	10
	BEAN AND CHEESE BURRITO HOMEMADE SALSA CORN CELERY STICKS APPLESAUCE MILK	HOMEMADE CHEESE QUESADILLA HOMEMADE SALSA CHARRO BLACK BEANS BABY CARROTS ORANGE WEDGES MILK	WHOLE GRAIN CHICKEN SANDWICH SHREDDED LETTUCE SEASONED CURLY FRIES MIXED FRUIT MILK	YOGURT CINNAMON GRAHAM GRIPZ STRING CHEESE STICK FRESH BROCCOLI BANANA MILK	Spring Break
SNACK	WILD WHITE NACHO DORITOS MILK (WHITE VARIETY) DAY 5	FRESH PEAR MILK (WHITE VARIETY) DAY 6	YOGURT MILK (WHITE VARIETY) DAY 1	NAT'R VALLEY CRISPS (CINNAMON) MILK (WHITE VARIETY) DAY 2	
BREAKFAST		14 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	15 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	16 HOMEMADE PUMPKIN MUFFIN FRUIT ASSORTMENT JUICE MILK	17 WAFFLE AND CHICKEN SANDWICH FRUIT ASSORTMENT JUICE MILK
LUNCH 🏶		FRENCH BREAD CHEESE PIZZA RANCH GARDEN SALAD WITH CARROTS CUCUMBER COINS DICED PEACHES MILK	"MAC AND SMACK" CRINKLE CUT FRIES BABY CARROTS FRESH STRAWBERRIES MILK	TURKEY GRAVY MASHED POTATOES WHOLE WHEAT ROLL CORN APPLE SLICES MILK	NACHOS SHREDDED LETTUCE HOMEMADE SALSA SOUR CREAM REFRIED BEANS FROZEN PEACH CUP AND MILK
SNACK		FRESH APPLE MILK (WHITE VARIETY) DAY 3	CINNAMON GRIPZ GRAHAMS MILK (WHITE VARIETY) DAY 4	TOSTITO'S SCOOPS AND SALSA APPLE JUICE (6 fl oz) DAY 5	DICK AND JANE SNACK CRACKERS MILK (WHITE VARIETY) DAY 6
BREAKFAST	20 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	21 BEEF SAUSAGE AND CHEESE BAGEL FRUIT ASSORTMENT JUICE MILK	22 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	23 HOMEMADE BLUEBERRY MUFFIN FRUIT ASSORTMENT JUICE MILK	FRENCH TOAST STICKS FRUIT ASSORTMENT JUICE MILK
	NACHO PRETZEL POCKET RED BELL PEPPER JICAMA STICKS DICED PEARS HOWDY BAR MILK	MANDARIN ORANGE CHICKEN CHOW MEIN NOODLES WITH VEGGIES STEAMED BROCCOLI ORANGE WEDGES MILK	HOMEMADE CHEESE QUESADILLA HOMEMADE SALSA CHARRO BLACK BEANS CUCUMBER COINS FRESH PEAR MILK	KOREAN BBQ CHICKEN ASIAN BROWN RICE BABY CARROTS CELERY STICKS BANANA MILK	CHICKEN BITES BBQ SAUCE SHOESTRING FRENCH FRIES BLUE RASPBERRY RIPS MILK
SNACK	GIANT VANILLA GOLDFISH ORANGE JUICE (6 fl oz) DAY 1 27	CINNAMON APPLESAUCE MILK (WHITE VARIETY) DAY 2	BANANA MILK (WHITE VARIETY) DAY 3	CHEX MIX (STRAWBERRY-YOGURT) MILK (WHITE VARIETY) DAY 4	FRESH PEAR MILK (WHITE VARIETY) DAY 5
	27 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	28 EGG AND CHEESE ON ENGLISH MUFFIN FRUIT ASSORTMENT JUICE MILK	29 WHOLE GRAIN CEREAL FRUIT ASSORTMENT JUICE MILK	MANAGER'S	
	GRILLED CHEESE SANDWICH HOMEMADE TOMATO SOUP GREEN BEANS FRESH PEAR MILK	BBQ PULLED TURKEY SANDWICH BAKED BEANS COLE SLAW FRESH GRAPES MILK	CHICKEN AND WAFFLES POTATO WEDGES DICED PEACHES MILK	- Jin	
	DICK AND JANE SNACK CRACKERS MILK (WHITE VARIETY) DAY 6 JECT TO CHANGE	WHOLE GRAIN GRAHAM CRACKER MILK (WHITE VARIETY) DAY 1	FROSTED MINI WHEATS CEREAL MILK (WHITE VARIETY) DAY 2 BREAKFAST	CHOICE Day 3	1
WIENUS ARE SU	DECT TO CHANGE		DUCATEAL		

A choice of 1% White or Non-Fat White milk is offered daily for breakfast. 100% Fruit Punch, Apple, Orange, and Grape Juice is offered daily for breakfast.

Breakfast is currently free of charge to students due to participation in Special Assistance Programs and Breakfast in the Classroom.

A choice of 1% White, Non-Fat White, Non-Fat Chocolate and Non-Fat Strawberry milk is offered daily for lunch.

\*Salad Bar Meat/Meat

LUNCH DAILY WEEKLY BI-WEEKLY MONTHLY (4 WEEKS) Students, Paid \$2.40 \$12.00 \$24.00 \$48.00

\$ 2.00

Mini: \$ 2.80

\$ 4.00

\$ 8.00

ar is offered at Middle Schools on selected days. All five food components are offered: Fruit, Vegetables, Grains,	Students, Reduced*	\$0.40	\$ 3		
at Alternate, and Fluid Milk. Please check with your Café on the specific days.	Adults	Full: \$3.55	Mir		
	*Some students qualify for free or reduced meals under the U.S.D.A. guidelines				

This Institution is an Equal Opportunity Provider.

You may complete an online application or pay for meals at https://family.titank12.com/6TR85Q Advance weekly or monthly payments are encouraged during breakfast to speed up lunch lines.

\$0.40